Banana Oatmeal “Power” Cookies

servings: 34 cookies

ingredients

1 medium banana
1 egg
1/3 cup Monkfruit sweetener
1 tsp vanilla extract
1/3 cup vanilla greek yogurt
3/4 cup almond flour
1/2 tsp baking soda
1 tablespoon chia seeds
1 tsp ground cinnamon
1 tablespoon flax seeds
1 tablespoon hemp seeds
2 cups oatmeal
1/2 cup chopped walnuts
1/2 cup Lily’s dark chocolate baking chips
(* with stevia + chickory root not sugar)
1/2 cup raisins

method

Mix wet ingredients together in one bowl.
Mix dry ingredients together in another bowl.
Mix all ingredients together and bake on a parchment lined baking sheet @ 325 degrees F for 10-12 minutes.

65 cal
10 g carb / 6 g fat / 2 g protein